

TREATMENTS FOR THE BODY

Pure Thermal Water Spa Treatments

Recommended for men and women and all skin types, the benefits of the Thermes De Spa waters with their mineral rich complex can be discovered with these very relaxing and enjoyable in-spa professional treatments:

Eau Thermal Spa – Face (Dry)

A gentle and energising facial treatment resulting in a radiant, relaxed skin, glowing with well-being. Following cleansing and exfoliation the face is then enveloped by the warmed thermal gel to remineralise and hydrate the skin.

40 minutes

Eau Thermal Spa – Body (Steam Room)

This relaxing body treatment incorporates slow, rhythmic massage in our warm and relaxing steam room. A warm mist of Instant Radiance spray is followed by full body exfoliation. Then a pure moment of relaxation as you are enveloped by the warm thermal gel. Soothing massage takes you to another dimension and your skin is left feeling velvety-soft and radiant.

40 minutes

Eau Thermal Spa – Face and Body (Steam Room)

A luxurious treatment combining Face and Body care. A beautifully sedating treatment.

60 minutes

This range is beautifully seductive both in aroma and texture with unisex home care products for face and body.

Marine Intensive Spa Body Treatments

SOTHYS have created professional body spa treatments to help relieve and balance modern lifestyle and stress. These treatments are designed for men and women.

French Body Polish (Steam Room)

For a silky-smooth, great looking skin. A personally prescribed body exfoliation finished with a light body milk to leave the skin like satin.

45 minutes

Daily exfoliation will refine the texture of your skin making it feel perfectly soft and smooth.

Relaxing Body Wrap (Steam Room)

Relaxation and remineralization for total skin fitness. For ultimate results a French Body Polish is then followed by an application of warm body mask to revitalise and rebalance the needs of the body. Steam will help to relax the body while the mud is infused. A gentle massage completes a treatment that will leave your skin beautifully hydrated and smooth.

75 minutes

Hydra-nourishing body lotion softens the skin and is neither shiny nor greasy. Long lasting 12-hour protection for the body.

Anti-Stress Body (Dry)

The perfect antidote to a stressful life. Gentle body exfoliation followed by massage with essential oils, tailored to suit your needs and preference.

60 minutes

Choose from a range of products to take home and continue your treatment, luxurious bath product to soft body creams

TREATMENTS FOR THE FACE

Intensive Skin Treatment

Highly specialised in-salon treatment to achieve outstanding results. Spoil yourself with a luxurious pampering experience.

Villa Day Spa Classic Facial

A deep cleanse and exfoliation followed by an intensive ampoule complex and treatment mask. Your skin will glow with a more youthful finish.

60 minutes



MASSAGE MENU

(Steam or Dry)

Massage Therapy Treatments

Swedish Massage *60 or 90 minutes*

Aromatic Relaxing *60 or 90 minutes*

Back and Neck Massage *30 minutes*

A relaxing 30 minute massage to treat the neck, shoulders and spine.

For relief from muscle tiredness we recommend regular baths using SOTHYS remineralising bath salts. These dead sea salts are high in magnesium to encourage muscle relaxation and are excellent for post exercise workouts

TREATMENTS FOR THE HANDS & FEET

Hands and Feet (Dry)

Spa Manicure

A softening, regenerating treatment of the hands and arms featuring a warm spa soak with salt exfoliation, wrap and therapeutic massage.

60 minutes

Spa Pedicure

Marine salts combined with grapefruit extracts deeply exfoliate the legs and feet, while a warm mud mask treats tired feet and legs. Finish with a refreshing massage with essential oils.

60 minutes

PACKAGES MENU

Spa Packages

Relax completely and allow our experienced staff to personally prescribe a Spa Package or indulge in one of our signature packages.

Villa Day Spa Signature Blend Package For Her (Dry and Steam)

A combination of the very best we have to offer. Reward yourself with full body exfoliation and mud wrap which begins in our steam room. Our skilled therapist will then massage away your tensions and leave you with a feeling of well-being and a sense of peace. Finish with an ampoule infusion facial, leaving you with a more youthful appearance. Your relaxation is completed with a light meal and herbal tea in our relaxation room.

210 minutes

Villa Day Spa Signature Blend Package For Him (Steam)

In this package we utilise the Eau Thermal Spa Treatments for Face and Body to totally remove you from tension and fatigue. The benefits of the Thermes De Spa waters will be discovered with these very relaxing treatments. After the removal of the warmed thermal gel your therapist will perform a de-stressing massage including scalp, shoulders, back and legs.

120 minutes

Couples Experience Package

Body and Mind Rescue (Steam)

Your treatments will start with a mind releasing scalp massage. The skin of the face and body is then cleansed and prepared for massage with Thermal Spa Exfoliating Scrub. An individually tailored massage will leave you refreshed and relaxed.

120 minutes

All of our couples or doubles experiences can be tailor made for each person. You can discuss the treatment program with our Spa receptionist who will recommend treatments and times to suit your experience.



WAXING

Treatment	Time
Full Leg	45 mins
Full Leg & Bikini Line	45 mins
Full Leg, Bikini Line & Underarm	60 mins
Half Leg	30 mins
Half Leg & Bikini Line	30 mins
Half Leg, Bikini Line & Underarm	45 mins
Bikini Line (standard)	15 mins
Bikini Line (G-String)	15 mins
Underarm	15 mins
Eye Brow	15 mins
Lip	15 mins
Chin	15 mins
Face (Eye Brow, Lip & Chin)	30 mins
Various Other Areas	

TINTING

Tinting is designed to darken the eyelashes and/or eyebrows. We use a natural, vegetable-based dye specifically formulated for the eye area.

Wake-up in the morning with your eyes already made up!

Eyelash Tint	30 mins
Eye Brow Tint	15 mins
Eyelash Tint, Brow Tint & Brow Wax	30 mins